

WEEK 1

SMALL GROUP GUIDE



Many of our favorite movies, from *Toy Story* to *Moana*, tell the stories of characters who are on a journey to discover who they are and what they were created to do. The stories in Scripture are like this too, but with one big difference: in the Bible, humans aren't the main characters — God is. In this series, we'll explore the stories of people like Cain and Abel, Elijah, Naomi, Ruth, Esther, and some of the earliest Jesus-followers in order to see that who we are can best be understood in the context of who God is. When we discover who our Creator is, we can better understand who we were created to be. Because of who God is, we can **trust how God has made us**, we can **do difficult things**, we can **embrace the unknown**, and we can **take risks for others**.

THIS WEEK

THE BIG IDEA

Because of who God is, we can trust how God has made us.

THE BIBLE

Genesis 4:1-8, 37:5-11, 18-36; I Corinthians 12:4-12; Proverbs 14:30

- **If you could be a character from a movie or TV show, who would you pick? What does that character have that you wish you had?**
- **We all want to imitate people we like or admire, but does that count as jealousy? Why or why not?**
- **When is the last time you felt jealous of someone else? Why were you jealous of them? What fears or insecurities were at the root of your jealousy?**
- **When Cain and Joseph's brothers felt insecure, they became angry and cruel. How do you usually act when you feel insecure?**
- **If I were feeling jealous or insecure right now, what do you think God would want to tell me?**
- **Do you think we can always trust our own opinions of ourselves? Why or why not?**