

### Jesus

Video Presented by Mark Beebe

“In your relationship with each other, have the same mindset as Jesus: Who, being in the very nature of God, did not consider equality with God something to be used to his own advantage; rather, he made himself nothing by taking the very nature of a servant, being made in human likeness. And being found in appearance as a man, he humbled himself by becoming obedient to death — even death on a cross! Therefore God exalted him to the highest place and gave him the name that is above every name, that at the name of Jesus every knee should bow, in heaven and on earth and under the earth, and every tongue acknowledge that Jesus Christ is Lord, to the glory of God the Father.” **Philippians 2:5 - 11**

#### **Fully God, Fully Human**

Jesus was like no one else in history. Jesus was both fully God and fully human. The human elements of Jesus are confirmed throughout The Gospels (Matthew, Mark, Luke, and John). We know Jesus had a human body, human emotions, human thoughts, and human challenges. The amazing thing about Jesus' human life was that he was without sin. Despite being without sin, Jesus died for our sin. Forgiveness can only be found in Jesus. He took our sin and freed us from brokenness. It's hard for us to understand how Jesus could have a fully human existence but never sin, and have a fully God existence and desire to hang out with sinful, messed-up people. But even if it's difficult for us to understand Jesus, we can trust that Jesus truly understands us.

### Meeting Jesus

“In the beginning was the Word, and the Word was with God, and the Word was God.”

#### John 1:1

The core of what it means to be a Christian is to understand and know Jesus and to fall in love with him.

We get to know God by knowing Jesus. The Gospel of John, the fourth book of the New Testament, is a good place to start to learn about Jesus. For a guided study on The Gospel of John see “Meeting Jesus” at [cokesbury.tv/online-study](http://cokesbury.tv/online-study)

### GROUP DISCUSSION

1. During Jesus' time on earth, people typically viewed him as one or the other - God or human. What was your first impression?
2. Look again at the Philippians 2 scripture at the beginning of this handout. What are the different characteristics given to describe Jesus? What does “every knee should bow” mean to you?
3. Read [Luke 1:35](#). Was the birth of Jesus human or divine?
4. How can you get to know Jesus better?
5. Have you experienced the forgiveness Jesus offers for your sins? What was that like?
6. What does it mean to follow Jesus? Would others say you follow Jesus? What step can you take today to follow Jesus more closely?